

MOST common SEXUALLY TRANSMITTED INFECTIONS among teens

STI	How you get it	Symptoms?	Diagnosis	Cure?	Problems/Things to know
HPV (human papillomavirus)	Skin to skin	<ul style="list-style-type: none"> • Usually none • May take years to show up • Warts • Abnormal Pap smear 	<ul style="list-style-type: none"> • By the way it looks or by biopsy • May show up in pap smear or special test done during pelvic exam to look for DNA 	<ul style="list-style-type: none"> • No. • Warts, Precancer and Cancer can all be treated but the problem can return. 	<ul style="list-style-type: none"> • Preventable by vaccine! • Warts can be treated by freezing, burning, acid or surgery • May return after treatment • Can cause cancer of cervix, vagina, vulva, penis, throat, mouth, anus, rectum
Chlamydia & Gonorrhea	Vaginal, oral or anal sex	<ul style="list-style-type: none"> • Usually none • May cause vaginal spotting or abnormal discharge 	<ul style="list-style-type: none"> • Urine test • Special swab taken from cervix, anus or throat 	<ul style="list-style-type: none"> • Yes. • antibiotics 	<ul style="list-style-type: none"> • Can cause pelvic inflammatory disease • Most common cause of infertility • Increases risk of HIV transmission
Herpes	Kissing, oral sex, any skin to skin contact	<ul style="list-style-type: none"> • May have none • Cluster of small, painful blisters, painful urination. 	<ul style="list-style-type: none"> • Swab from a blister. • Blood tests can determine past infection. 	<ul style="list-style-type: none"> • No. • Medicine can reduce the symptoms 	<ul style="list-style-type: none"> • The sores may return randomly over lifetime. • Increased risk of HIV transmission • Most people are infected by partners who don't realize they have it.
HIV/AIDS	Contact with infected body fluids like semen, vaginal fluid, anal fluids, blood, & breast milk NOT from kissing	<ul style="list-style-type: none"> • None until the disease progresses toward AIDS. 	<ul style="list-style-type: none"> • Blood test. • AIDS is diagnosed by the presence of certain illnesses 	<ul style="list-style-type: none"> • No. • Medications can prolong life 	<ul style="list-style-type: none"> • For most, causes death • Early diagnosis and treatment can prolong life. • Most people are infected by partners who don't know they have HV.
Trichomonas	Contact with infected semen or vaginal fluids.	<ul style="list-style-type: none"> • May have none. • Vaginal itching and abnormal discharge. Burning after sex. 	<ul style="list-style-type: none"> • Vaginal swab or healthcare provider looks at vaginal discharge under a microscope. 	<ul style="list-style-type: none"> • Yes. • Antibiotics 	<ul style="list-style-type: none"> • Increases the risk of HIV transmission. • Linked to preterm birth if occurs in pregnancy.

Although these are the most common STIs among teens in the U.S., there are many others including syphilis, molluscum, hepatitis, pubic lice, chancroid. Make sure your teen understands that STIs can happen even when “sex” doesn’t. And make sure your teen knows how to protect themselves against all STIs. Visit our website to submit questions or get more information.

EVERY TEEN Deserves to Feel EMPOWERED to make INFORMED CHOICES.