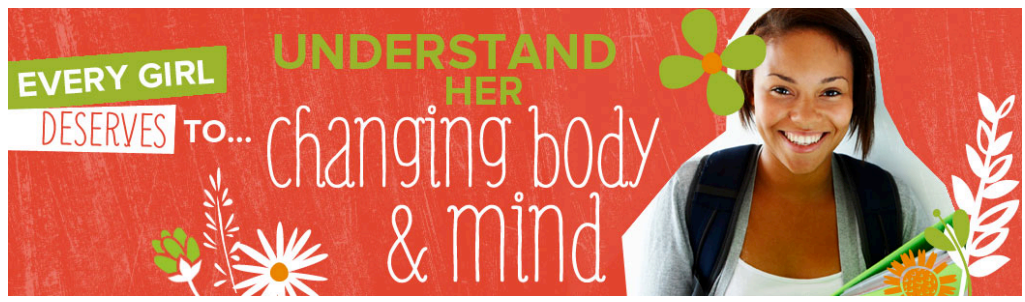


Questions to ask my doctor or Girlology

Four horizontal orange rounded rectangular boxes for writing questions.



www.girlology.com

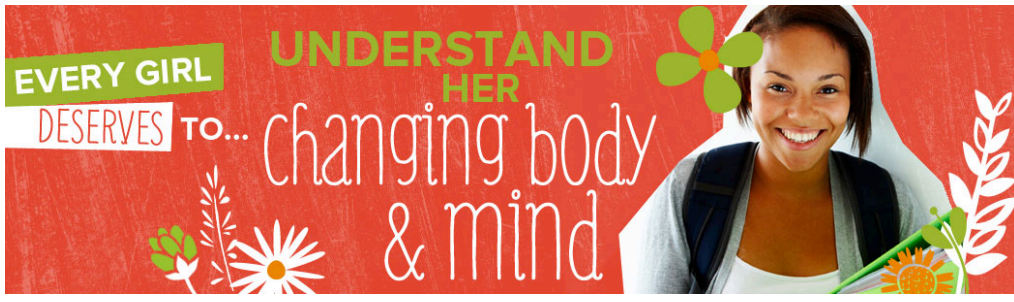


Questions to ask my doctor or Girlology

Four horizontal orange rounded rectangular boxes for writing questions.



www.girlology.com

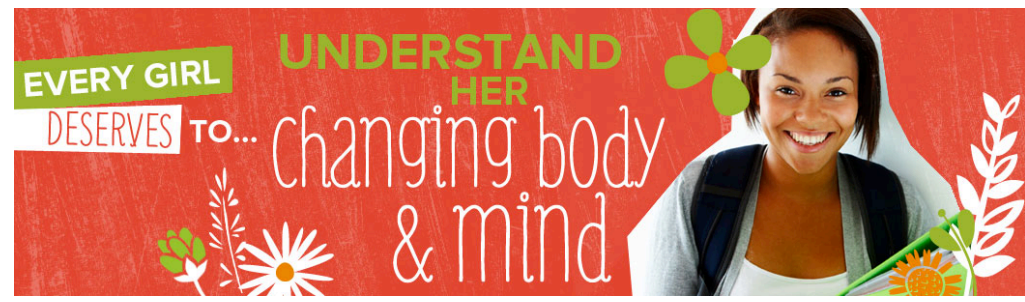


Questions to ask my doctor or Girlology

Four horizontal orange rounded rectangular boxes for writing questions.



www.girlology.com



Questions to ask my doctor or Girlology

Four horizontal orange rounded rectangular boxes for writing questions.



www.girlology.com

Name _____ **girl·ology**[®]
 Year _____ CONVERSATIONS THAT MATTER

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Jan																																
Feb																																
Mar																																
Apr																																
May																																
Jun																																
Jul																																
Aug																																
Sep																																
Oct																																
Nov																																
Dec																																

nothing spotting light medium heavy

My Doctor:

My Medications:

www.girlology.com

Name _____ **girl·ology**[®]
 Year _____ CONVERSATIONS THAT MATTER

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Jan																																
Feb																																
Mar																																
Apr																																
May																																
Jun																																
Jul																																
Aug																																
Sep																																
Oct																																
Nov																																
Dec																																

nothing spotting light medium heavy

My Doctor:

My Medications:

www.girlology.com

Name _____ **girl·ology**[®]
 Year _____ CONVERSATIONS THAT MATTER

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Jan																																
Feb																																
Mar																																
Apr																																
May																																
Jun																																
Jul																																
Aug																																
Sep																																
Oct																																
Nov																																
Dec																																

nothing spotting light medium heavy

My Doctor:

My Medications:

www.girlology.com

Name _____ **girl·ology**[®]
 Year _____ CONVERSATIONS THAT MATTER

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
Jan																																
Feb																																
Mar																																
Apr																																
May																																
Jun																																
Jul																																
Aug																																
Sep																																
Oct																																
Nov																																
Dec																																

nothing spotting light medium heavy

My Doctor:

My Medications:

www.girlology.com